



Port Angeles Senior Center

September 2023 Senior Nutrition Menu

Meal service begins at 4:00 pm Call 360-457-8921 24 hours in advance for reservations

Monday	Tuesday	Wednesday	Thursday	Friday 1
CLOSED				Spring Salad Polish Dog with Sauerkraut Au Gratin Potatoes Oranges Brownie
Monday 4	Tuesday 5	Wednesday 6	Thursday 7	Friday 8
CLOSED	Green Salad Corned Beef & Cabbage Carrots & Potatoes Apples Cookies	Cesar Salad Chicken Burger Corn Tater Tots Pineapple Brownie	Green Salad Beef Stew Biscuit Pineapple Ice Cream	Green Salad Chicken Fried Steak Mashed Potato Steamed Peas Oranges Cake
Monday 11	Tuesday 12	Wednesday 13	Thursday 14	Friday 15
CLOSED	Coleslaw Baked Fish W/Tartar Peas Grapes Brownie	Cesar Salad Pasta Bolognese Garlic Bread Steamed Carrots Melons Cookie	Green Salad Meat Loaf Tater Tots Steamed Carrots Apples Ice Cream	Coleslaw BBQ Pulled Pork Sandwich Baked Fries Oranges Pudding
Monday 18	Tuesday 19	Wednesday 20	Thursday 21	Friday 22
CLOSED	Green Salad Baked Chicken Peas & Carrots Oranges Brownie	Cesar Salad Beef Stew Biscuit Pineapple Custard	Pea Salad French Dip & Au Ju Steamed Corn Apples Cake	3-Bean Salad Liver & Onion Steamed Corn Orange Slices Cookie
Monday 25	Tuesday 26	Wednesday 27	Thursday 28	Friday 29
CLOSED	Caesar Salad Chicken Alfredo Garlic Bread Mixed Veggies Melon Pudding	Green Salad Sloppy Joe Macaroni Salad Oranges Brownie	Spring Salad Enchiladas Steamed Corn Fruit Cup Ice Cream	3 Bean Salad Chicken Salad Sandwich Baked Tots Fruit Parfait

Menu Subject to change without notice. Reservations required 24 hours in advance of meal. Meals are provided for a suggested voluntary donation of \$3.00 per meal (Age 60 and over) Guest charge is \$8.00

Whole Wheat Bread and Milk or Milk Alternative offered daily

