

February 2024



Port Angeles Senior Center

January '24						
S	M	T	W	T	F	S
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

March '24						
S	M	T	W	T	F	S
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1	2	3
				Fit for Life 9-10am MPR Round Table Talk 9:30a-12p 204 Qi Gong 9-10am 205 Charity Sewing 9:30a -12pm 207 Pickleball 10am-2pm MPR Bingo 12:30p-3pm 205 Mahjong 12-3pm LA Line Dance 2p-4p MPR Pinochle 1p-4pm 207	Nor'Wester Rotary 7am DR Chair Exercise 9am 207 New Year Lobby Party 11:30a Watercolor Group 9a-12:15p 205 Pickleball 10am-2pm MPR Hand & Foot 12p -3p LA Pinochle 12:30-4pm 205 Euchre 12p-2p 207 Belly Dancing 2p-3:30p 207 Strength & Balance 2:10pm MPR Private Rental 1:30p DR	Community Walk 9am at Hollywood Beach Cribbage 1-4pm 205 Yoga 4p - 5:30p MPR
4 RG Church Service 10am MPR	5 New Mbr Welcome 9am DR Chair Exercise 9am 207 Tai Chi 9a-10a MPR Tax Aide 9a-4p 205 Diamond Dotz 10a-12p LA Euchre 10a - 12p 207 Science & SciFi 10a-12p CR Pickleball 10:15a-2p MPR Coloring 12-2pm LA Senior Singers 1pm LA City of PA/HVAC Mtg 1:30p 204 Friends Together 1-4p MP Pinochle 12:30p-4pm 207	6 Fit for Life 9-10am MPR Pickleball 10:15a-2p MPR Jokers & Marbles 10a-2p LA Caregiver Support 11a 204 Strength & Balance 2pm MPR Pinochle 1p-4pm 207 Exec Meeting 1p 204 GAB 1:30p-3:30pm 204	7 DAV 8:30-12p CR Chair Exercise 9am 207 Fit for Life 9-10am MPR OlyCap Market 9:30-11:30am LA Writer's Group 10a-12p 204 Pickleball 10:15a-12:15p MPR Line Dance 12:30p-3:30p MPR Shanghai Cards 10am LA Bridge 12p-3:30p 205 Chair Yoga 12:30-1p 207 Ukes 1:15-3pm 207 Yoga 4p - 5:30p MPR	8 Fit for Life 9-10am MPR Round Table Talk 9:30a-12p 204 Qi Gong 9-10am 205 Charity Sewing 9:30a -12pm 207 Pickleball 10am-12pm MPR Bingo 12:30p-3pm 205 Mahjong 12-3pm LA Line Dance 2p-4p MPR Pinochle 1p-4pm 207	9 Nor'Wester Rotary 7am DR Chair Exercise 9am 207 Watercolor Group 9a-12:15p 205 SHIBA 10am-12pm CR Pickleball 10:15a-2p MPR Hand & Foot 12p -3p LA Kiwanis Meeting 12p-1:30p 204 Pinochle 12:30-4pm 205 Mystery Book Club 2p 204 Euchre 12p-2p 207 Belly Dancing 2p-3:30p 207 Strength & Balance 2:10pm MPR	10 Community Walk 9am at Hollywood Beach Cribbage 12:30p - 3p 205 Yoga 4p - 5:30p MPR
11 RG Church Service 10am MPR	12 Chair Exercise 9am 207 Legal Clinic (SLAC) 9a 101 Tai Chi 9a-10a MPR Tax Aide 9a-4p 205 Alzheimer's Group 9a-12p 204 Diamond Dotz 10a-12p LA Euchre 10a - 12p 207 Science & SciFi 10a-12p CR Pickleball 10:15a-2p MPR Pinochle 12:30p-4pm 207 Spkr Silvernest 1:30p DR Friends Together 1-4p MP	13 Fit for Life 9-10am MPR Board Meeting 9am 204 Pickleball 10:15a-2p MPR Jokers & Marbles 10a-2p LA Strength & Balance 2pm MPR Pinochle 1p-4pm 207 Meditation 2:30p DR	14 DAV 8:30-12p CR Legal Clinic 9a C101 Chair Exercise 9am 207 Fit for Life 9-10am MPR OlyCap Market 9:30-11:30am LA Writer's Group 10a-12p 204 Pickleball 10:15a-12:15p MPR Lobby Party 11:30a-1p Line Dance 12:30p-3:30p MPR Shanghai Cards 10am LA Bridge 12p-3:30p 205 Chair Yoga 12:30-1p 207 Ukes 1:15-3pm 207 Yoga 4p - 5:30p MPR	15 Fit for Life 9-10am MPR Round Table Talk 9:30a-12p 204 Qi Gong 9-10am 205 Charity Sewing 9:30a -12p 207 O3A Home Svcs 10am 101 Pickleball 10am-2pm MPR Bingo 12:30p-3pm 205 Mahjong 12-3pm LA Line Dance 2p-4p MPR Pinochle 1p-4pm 207	16 Nor'Wester Rotary 7am DR Chair Exercise 9am 207 Watercolor Group 9a-12:15p 205 Pickleball 10am-2pm MPR Hand & Foot 12p -3p LA Pinochle 12:30-4pm 205 Belly Dancing 2p-3:30p 207 Strength & Balance 2:10pm MPR	17 Community Walk 9am at Hollywood Beach Cribbage 12:30p - 3p 205 Yoga 4p - 5:30p MPR Memorial 2p-6p DR

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<p>18 RG Church Service 10am MPR</p>	<p>19 Center Closed President's Day</p>	<p>20 Fit for Life 9-10am MPR Pickleball 10:15a-2p MPR Caregiver Support 11a 204 Jokers & Marbles 11a-3p LA Strength & Balance 2pm MPR Pinochle 1p-4pm 207 Grief Support 1p-3p 204 Meditation 2:30p DR</p>	<p>21 DAV 8:30-12p CR Chair Exercise 9am 207 Fit for Life 9-10am MPR OlyCap Market 9:30-11:30am LA Writer's Group 10a-12p 204 Pickleball 10:15a-12:15p MPR Line Dance 12:30p-3:30p MPR Shanghai Cards 10am LA Bridge 12p-3:30p 205 Chair Yoga 12:30-1p 207 Ukes 1:15-3pm 207 Yoga 4p - 5:30p MPR</p>	<p>22 Fit for Life 9-10am MPR Round Table Talk 9:30a-12p 204 Qi Gong 9-10am 205 Charity Sewing 9:30a -12pm 207 Pickleball 10am-2pm MPR Bingo 12:30p-3pm 205 Mahjong 12-3pm LA Line Dance 2p-4p MPR Pinochle 1p-4pm 207</p>	<p>23 Nor'Wester Rotary 7am DR SHIBA 10am-12pm CR Watercolor Group 9a-12:15p 205 Pickleball 10am-2pm MPR Hand & Foot 12p -3p LA Pinochle 12:30-4pm 205 Belly Dancing 2p-3:30p 207 Strength & Balance 2:10pm MPR</p>	<p>24 Community Walk 9am at Hollywood Beach Cribbage 12:30p - 3p 205 Yoga 4p - 5:30p MPR Private Rental MPR & DR 10-3:30p</p>
<p>25 RG Church Service 10am MPR</p>	<p>26 Railroad Bridge Trip 9:30a Chair Exercise 9am 207 Legal Clinic (SLAC) 9a 101 Tai Chi 9a-10a MPR Diamond Dotz 10a-12p LA Euchre 10a - 12p 207 Science & SciFi 10a-12p CR Pickleball 10:15a-2p MPR Pinochle 12:30p-4pm 207 Friends Together 1-4p MP</p>	<p>27 Newsletter Printing Fit for Life 9-10am MPR Pickleball 10:15a-2p MPR Jokers & Marbles 11a-3p LA GAB 1:30p-3:30pm 204 BUNCO 1:30p-4 205 Strength & Balance 2pm MPR Pinochle 1p-4pm 207 Parkinson's Grp 1p DR Blood Pressure Check 2p Lounge Meditation 2:30p DR or MPR</p>	<p>28 Newsletter Mailing DAV 8:30-12p CR Chair Exercise 9am 207 Fit for Life 9-10am MPR Writer's Group 10a-12p 204 Shanghai Cards 10am LA Pickleball 10:15a-12:15p MPR Line Dance 12:30p-3:30p MPR Bridge 12p-3:30p 205 Chair Yoga 12:30-1p 207 Ukes 1-3pm 207 Yoga 4p - 5:30p MPR Tea to Die For 4pm 207</p>	<p>29 Fit for Life 9-10am MPR Round Table Talk 9:30a-12p 204 Qi Gong 9-10am 205 Charity Sewing 9:30a -12pm 207 Pickleball 10am-2pm MPR Bingo 12:30p-3pm 205 Mahjong 12-3pm LA Line Dance 2p-4p MPR Pinochle 1p-5pm 207</p>	<p>1 Nor'Wester Rotary 7am DR Chair Exercise 9am 207 Watercolor Group 9a-12:15p 205 Pickleball 10am-2pm MPR Hand & Foot 12p -3p LA Pinochle 12:30-4pm 205 Belly Dancing 2p-3:30p 207 Strength & Balance 2:10pm MPR</p>	<p>2</p>
<p>3</p>	<p>4</p>	<p>Notes: Multipurpose Room -MPR Dining Room - DR (Senior Nutrition Mon-Fri 6a -2p) Small Conference Room - 101 Lounge Addition - LA Health Room - 203 Reiki Mon, Tue 8:30am -by appt & Daosa Footcare Wed-Fri Conference Room - 204 Card Room - 205 Craft Room - 207 Kitchen - KN (Senior Nutrition Mon-Fri 6a -2p) <i>Please Note: Senior Center is closed on all major Holidays</i></p>		<p>Pool Room M-F 8:30am - 4pm Crafty Corner M-TH 10am - 2pm Computer Room (CR) M-TH 11am - 3pm Lounge M-F 8:30am - 2pm Updated 1/30/24</p>		